



Cardiff results - 11:15 session

Pos	Team name	Lap 1	Lap 2	Lap 3	Lap 4	Total
#8 BABS						
1495	Duncan Goodhew	00:04:18	00:04:12	00:04:09	00:04:01	00:16:40
1496	Bart Tabaka	00:05:04	00:05:13	00:05:26	00:05:25	00:21:08
1493	Sarah Usher	00:05:29	00:05:26	00:05:30	00:05:38	00:22:03
1494	Anna Wadowski	00:08:34	00:08:48	00:09:28	00:09:24	00:36:14
						01:36:05
#2 Cardiff International Trouts						
1444	Gemma Almond	00:04:00	00:04:02	00:03:59	00:03:56	00:15:57
1441	Sarah Buck	00:05:01	00:05:09	00:05:20	00:05:18	00:20:48
1443	Sam Hides	00:03:32	00:03:29	00:03:51	00:03:25	00:14:17
1442	Darren Phillips	00:05:17	00:05:31	00:05:34	00:05:41	00:22:03
						01:13:05
#5 Cardiff International Turtles						
1445	Ross Anstee	00:03:24	00:03:15	00:02:54	00:03:01	00:12:34
1448	Tom Greenfield	00:04:19	00:04:35	00:04:45	00:04:42	00:18:21
1447	Yasmin Johnson	00:07:10	00:07:02	00:07:17	00:07:11	00:28:40
1446	Toyah Newman	00:05:15	00:05:10	00:05:19	00:05:26	00:21:10
						01:20:45
#14 Cardiff Presentation						
1076	Sam Hynd	00:03:32				DNF
						DNF
#4 Chaos Crew						
1450	Helen Cassidy	00:04:06	00:04:13	00:04:10	00:04:11	00:16:40
1451	Robert Davies	00:04:39	00:04:43	00:04:41	00:04:54	00:18:57
1449	Rob Harrison	00:05:30	00:05:20	00:05:27	00:05:33	00:21:50
1452	Tim Jones	00:05:27	00:05:25	00:05:28	00:05:30	00:21:50
						01:19:17
#11 Great White Sharks						
1458	Bethan White	00:07:12	00:07:05	00:07:12	00:07:35	00:29:04
1460	Bob White	00:08:03	00:08:04	00:07:56	00:08:55	00:32:58
1459	Robert White	00:07:57	00:07:52	00:08:00	00:08:23	00:32:12
1457	Sharon White	00:09:48	00:10:34	00:10:39	00:10:36	00:41:37
						02:15:51
#13 Robertsons						
1464	Azhar Miah	00:09:15	00:14:57	00:16:06	00:15:06	00:55:24
1462	Bobby Robertson	00:13:56	00:14:53	00:16:06	00:15:08	01:00:03
1461	Daniel Robertson	00:09:28	00:14:50	00:16:05	00:15:03	00:55:26

1463 Cameron Yule	00:05:44	00:14:54	00:16:04	00:15:07	00:51:49
					03:42:42

#12 Smiths Mermaids

1468 Kelly Bennett	00:08:15	00:08:27	00:08:47	00:08:39	00:34:08
1467 Claire Hockey	00:13:10	00:13:59	00:14:34	00:15:51	00:57:34
1465 Judith Read	00:11:08	00:11:27	00:11:18	00:12:07	00:46:00
1466 Susan Shepherd	00:08:08	00:08:03	00:08:15	00:08:29	00:32:55
					02:50:37

#1 Swim Bournemouth

1491 Ellie Kerlake	00:03:38	00:03:24	00:03:28	00:03:20	00:13:50
1492 Danielle Thwaites	00:03:48	00:03:50	00:03:46	00:03:42	00:15:06
1489 Sam Woodward	00:03:51	00:03:57	00:03:55	00:03:52	00:15:35
1490 Jordan Young	00:03:47	00:03:52	00:03:39	00:03:28	00:14:46
					00:59:17

#3 Swim Wales Splashers

1471 Mark Arnold	00:04:40	00:04:59	00:05:13	00:05:16	00:20:08
1469 Hanna Guise	00:04:40	00:04:57	00:05:11	00:05:09	00:19:57
1470 Penny John-pearse	00:04:18	00:04:18	00:04:32	00:04:41	00:17:49
1472 Team Member 4	00:04:57	00:04:51	00:05:27	00:05:10	00:20:25
					01:18:19

#9 Team OT

1475 Sarah Dowling	00:07:47	00:07:25	00:07:39	00:07:37	00:30:28
1474 Ross Mcateer	00:07:05	00:07:04	00:07:11	00:07:30	00:28:50
1476 Juliet Meades	00:05:13	00:05:06	00:05:15	00:05:03	00:20:37
1473 Natalie Thomas	00:04:47	00:04:41	00:04:43	00:04:50	00:19:01
					01:38:56

#6 Team Thomas

1477 Gali Thomas	00:05:44	00:05:59	00:05:59	00:06:01	00:23:43
1478 Kyle Thomas	00:05:43	00:05:54	00:06:02	00:06:01	00:23:40
1479 Niamh Thomas	00:04:21	00:04:08	00:03:57	00:03:54	00:16:20
1480 Paul Thomas	00:04:53	00:04:49	00:04:47	00:04:37	00:19:06
					01:22:49

#7 The Beached Whales

1482 Megan Greenhalgh	00:05:31	00:05:32	00:05:40	00:06:01	00:22:44
1483 Carwyn Owen	00:04:49	00:04:52	00:04:53	00:05:21	00:19:55
1484 Deiniol Owen	00:05:36	00:06:04	00:05:40	00:05:40	00:23:00
1481 Kevin Owen	00:05:14	00:05:20	00:05:23	00:05:32	00:21:29
					01:27:08

#10 The Oceanides

1485 Penelope Cresswell	00:07:18	00:06:30	00:06:17	00:06:09	00:26:14
1486 Iola Jenkins	00:09:01	00:09:05	00:09:06	00:09:15	00:36:27
1488 Tesni Jones	00:06:41	00:06:37	00:06:50	00:06:58	00:27:06
1487 Sophie Mullins	00:07:27	00:07:30	00:07:28	00:07:10	00:29:35
					01:59:22